



ANACORTES

HEALTH & NUTRITION

1020 7th St, Anacortes, WA 98221
360-293-8849

September 1st - 30th



September



High Brew Coffee
Cold Brew Coffee
Creamy Cappuccino +
Protein
8 FL OZ

\$2⁴⁹

Made delightfully creamy and
is easy to drink on the go.



Rudi's Organic Bakery
Rocky Mountain
Sourdough
Thin Sliced
18 OZ

\$4³⁹



Bionaturae
Penne Rigate
Rice & Lentil
12 OZ

\$4³⁹

You no longer have to sacrifice great
taste and texture to get a delicious
gluten free pasta meal.



Pipcorn
Mini Popcorn
Tabasco Cheddar
4.5 OZ

\$3⁹⁹



Muir Glen
Pasta Sauce
Spicy Arrabiata Sauce
23.5 FL OZ

\$3⁴⁹



Divine
70% Dark
Chocolate Bar
with Ginger & Orange
3 OZ

\$3²⁹



Bear Naked
Granola
Banana Nut
12 OZ

\$5³⁹



Wildbrine
Kimchi
Korean
18 OZ

\$6⁴⁹

bright & refreshing kimchi.



Plant Boss
Organic Plant
Burger Mix
3.35 OZ

\$4⁸⁹



Celestial Seasonings
Herbal Tea
Sleepytime Echinacea Complete Care
20 BAG

\$4⁶⁹



Bark Thins
Snacking Dark
Chocolate
Mint
4.7 OZ

\$5³⁹





Rxbar
Protein Bar
Pumpkin Spice
1.83 OZ

\$2²⁹

Limited Edition. New Pumpkin Spice added to the autumn mix. Go crazy!



You Need This
Tortilla Chips
Nacho
Grain Free
5 OZ

\$3⁷⁹



Kalahari Biltong
Air Dried Beef
Spicy Peri Peri
2 OZ

\$6⁷⁹



Kettle Brand
Potato Chips
Air Fried
Himalayan Salt
4.25 OZ

\$3⁵⁹



Larabar
Nutritional Bar
Cherry Pie
1.7 OZ

\$1²⁹



Darrell Lea
Sour Sticks
Green Apple
7 OZ

\$2⁷⁹



Taza Chocolate
70% Dark Choc
Triple Nut Crunch Bar
2.5 OZ

\$4²⁹



Frontera Foods
Enchilada Sauce
Green Chile
8 OZ

\$1⁹⁹



Auromere
Mouthwash
Ayurvedic
16 OZ

\$9⁹⁹



Onnit
Instant Melatonin
Lavender Flavor
1 FL OZ

\$9⁹⁹



Nature's Way
Sambucus Elderberry Gummies
Immune Support
60 CT

\$16⁹⁹



Swiss Kriss
Herbal Laxative
Flake Form
3.25 OZ

\$8⁹⁹

With the gentle laxative effect of senna and the digestive benefits of papaya leaves and centaury herbs.

