



# ANACORTES

HEALTH & NUTRITION

1020 7th St, Anacortes, WA 98221

360-293-8849

March 1st - 31st



## Dr. Praeger's Breakfast Bowl

Hearty  
6.3 OZ



**\$5<sup>69</sup>**

## Quorn Foods Meatless Chiqin Nuggets

10.6 OZ



**\$4<sup>99</sup>**

Succulent chik'n nuggets covered in a crisp breadcrumb coating.

## Gardein Ultimate Chickpea Burger

Falafel  
8 OZ



**\$3<sup>99</sup>**

## March



Udi's Gluten Free  
**Gluten Free  
Dinner Rolls**  
Classic French  
7.41 OZ

**\$4<sup>19</sup>**



Purely Elizabeth  
**Dark Chocolate  
Chunk Oat 6PK**  
9.12 OZ

**\$4<sup>89</sup>**



Maya Kaimal  
**Everyday Dal**  
Lentil, Butternut  
Squash, Coconut  
Organic 10 OZ

**\$4<sup>39</sup>**



Lesser Evil  
**Buddha Bowl  
Popcorn**  
Avocado-Licious  
5 OZ

**\$3<sup>89</sup>**



Van's Natural Foods  
**Gluten Free Waffles**  
Apple Cinnamon  
9 OZ



**\$4<sup>39</sup>**



Primal Kitchen  
**Mayo**  
Chipotle Lime  
12 OZ

**\$9<sup>49</sup>**



Muir Glen  
**Organic No Sugar  
Pasta Sauce**  
Roasted Garlic  
25.5 FL OZ

**\$3<sup>49</sup>**

Bar Harbor  
**Wild Smoked Mackerel Fillets**  
6.7 OZ



**\$5<sup>19</sup>**





Plant Boss  
**Organic  
Plant Burger  
Mix**  
3.35 OZ

**\$4<sup>89</sup>**



Arrowhead Mills  
**Organic Flour**  
All Purpose  
Gluten Free  
20 OZ

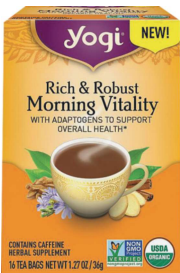
**\$4<sup>99</sup>**



Terra Chips  
**Exotic  
Vegetable Chips**  
Taro  
6 OZ

**\$3<sup>59</sup>**

You've never experienced vegetables like this.



Yogi  
**Organic Morning  
Vitality Tea**  
Rich & Robust  
16 BAG

**\$3<sup>99</sup>**



Vital Proteins  
**Protein + Collagen Bar**  
Peanut Butter Fudge  
1.3 OZ

**\$2<sup>99</sup>**



Epic  
**Chicken Snack  
Strip**  
Sriracha  
0.80 OZ

**\$1<sup>69</sup>**



Larabar  
**Fruit & Nut Bar**  
Key Lime Pie  
1.6 OZ

**\$1<sup>29</sup>**



SmartSweets  
**Sourmelon  
Bites**  
1.8 OZ

**\$3<sup>29</sup>**

Free from sugar alcohols, artificial sweeteners, and added sugar.



Made In Nature  
**Figgy Pops**  
Cranberry Pistachio  
4.2 OZ

**\$4<sup>39</sup>**



Boiron  
**Arnicare**  
Roll-On  
1.5 OZ

**\$6<sup>99</sup>**

Temporarily relieves muscle pain and stiffness due to minor injuries, overexertion and falls.



Emergen-C  
**Immune + D  
System Support**  
Citrus  
30 PKT

**\$16<sup>99</sup>**



Andalou Naturals  
**Clarifying Beauty Balm**  
Oil Control In-Tinted With  
SPF30  
2 FL OZ

**\$13<sup>99</sup>**

