



# ANACORTES

HEALTH & NUTRITION  
1020 7th St, Anacortes, WA 98221

360-293-8849

January 1st - 31st



## January

### Food For Life Organic Sprouted Grain Bread

Ezekiel 4:9  
24 OZ



\$6<sup>99</sup>

Wholesome and hearty sprouted grain breads.

### Van's International Foods Gluten Free Waffles

Blueberry  
9 OZ



\$3<sup>99</sup>

An ideal way for gluten-sensitive folks to start the day!

### Almond Breeze Almond Milk Extra Creamy

59 FL OZ



\$4<sup>59</sup>

### One Degree Organic Foods Organic Granola

Vanilla Chia  
11 OZ



\$5<sup>29</sup>

### Celestial Seasonings Caffeine Free Tea

Ginger + Probiotics  
20 BAG



\$3<sup>49</sup>

### Field Roast Plant-Based Sausages

Smoked Apple & Sage  
12.95 OZ



\$6<sup>49</sup>

A unique combination of sweet granny smith apples, savory Yukon Gold potatoes and pungent rubbed sage and ginger.

### Mighty Sesame Company Tahini Paste

100% Pure  
16 OZ



\$5<sup>39</sup>

### Imagine Foods Organic Soup

Creamy Sweet Pea  
32 OZ



\$4<sup>69</sup>

Delicious creamy texture and gourmet taste.

### Field Roast Vegan Chao Slices

Spicy Original  
7 OZ



\$6<sup>29</sup>

With a hint of jalapeño and a sharp, creamy texture that melts like a dream.

### Gomacro kid Bar Cinnamon Roll

7ct/ 6.3 OZ



\$7<sup>59</sup>

### Bob's Red Mill Rolled Protein Oatmeal

32 OZ



\$6<sup>39</sup>





Glutino  
**Gluten Free  
Sandwich Cookies**  
Hot Cocoa  
10.5 OZ

**\$3<sup>79</sup>**



Primal Kitchen  
**Plant Based  
Caesar Dressing**  
AVO OIL  
8 OZ

**\$6<sup>99</sup>**



Spectrum Naturals  
**Organic Olive Oil**  
Extra Virgin  
25.4 FL OZ

**\$16<sup>99</sup>**



Terra Chips  
**Vegetal Chip  
Sea Salt/Vinegar**  
5 OZ

**\$3<sup>59</sup>**



Larabar  
**Fruit & Nut Bar**  
Cashew Cookie  
1.7 OZ

**\$1<sup>49</sup>**

Cookie monsters (and moms) get ready, Cashew Cookie delivers a wallop of rich and creamy flavor.



Epic  
**Pork Rinds**  
Sea Salt & Pepper  
2.5 OZ

**\$3<sup>79</sup>**

These pork skins are created using traditional methods and are dressed in simple seasonings.



Natural Vitality  
**Calm Gummies**  
Raspberry Lemon  
120 CT

**\$19<sup>99</sup>**



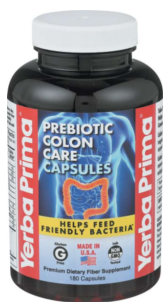
Nature's Way  
**Sambucus Zinc  
Lozenges**  
Elderberry, Vitamin C  
24 CT

**\$4<sup>99</sup>**



Liquid I.V.  
**Hydration Multiplier  
Drink Mix**  
Acai Berry  
.56 OZ

**\$1<sup>99</sup>**



Yerba Prima  
**Prebiotic Colon  
Care Capsules**  
180 CAP

**\$13<sup>99</sup>**

Aides proper digestion, regularity and elimination of toxins.



Neocell  
**Super Collagen  
Plus  
Powder**  
13.7 OZ

**\$29<sup>99</sup>**



Om  
**Organic Mushroom  
Powder**  
Master Blend  
3.17 OZ

**\$21<sup>99</sup>**

