



ANACORTES

HEALTH & NUTRITION

1020 7th St, Anacortes, WA 98221
360-293-8849

February 1st - 28th



Food For Life
**Gluten Free
English Muffins**
Brown Rice
18 OZ



\$7.49

If you thought you didn't have a source for gluten free English muffins, think again.

Ithaca Hummus
Hummus
Lemon Beet
10 OZ



\$5.49

Nancy's
**Organic Probiotic
Sour Cream**
8 OZ



\$2.99

Naturally thick, full-flavored, and cultured with probiotics-perfect for topping potatoes or whipping up your favorite dip.

February



Field Roast
**Plant-Based
Miniature
Corn Dogs**
10 OZ
\$7.59



Nuttzo
**Nut & Seed
Butter**
Power Fuel Smoothie
12 OZ
\$11.79



Divine
**85% Dark
Chocolate Bar**
Exquisitely Smooth
3 OZ
\$4.69



Dr. In The Kitchen
**Organic Multi
Seed Crackers**
Spicy Chili Lime
4 OZ
\$4.99



Siete
**Grain Free
Tortilla Chips**
Dairy Free Nacho
5 OZ
\$4.99



Epic
Cooking Fat
Beef Tallow
11 OZ
\$11.69

A versatile alternative to vegetable oils, a time-tested addition to any conscious foodie's kitchen essentials.



Tate's Bake Shop
**Gluten Free
Lemon Cookies**
7 OZ
\$5.69



Woodstock
Organic Aioli
Lemon Dill
6.5 OZ
\$4.29





Mary's Gone
Crackers
Crackers
Smoked Gouda
Cheeze
4 OZ

\$4²⁹



Muir Glen
Organic Tomatoes
Crushed With Basil
28 OZ

\$3⁷⁹



Enjoy Life
Chocolate Mega Chunks
Semi Sweet
9 OZ

\$6²⁹



Skinnydipped
**Dark Chocolate
Bites**
Coconut Almond
3.17 OZ

\$5⁴⁹



Nugo Nutrition Bar
Organic Protein Bar
Dark Chocolate Cherry Pomegranate
1.76 OZ

\$1⁹⁹



The Good Crisp
Company
Potato Chips
Outback BBQ
5.5 OZ

\$3²⁹



Rescue
**Mood & Stress
Support Gummies**
Orange
60 CT

\$16⁹⁹



Nature's Way
**Sambucus
Immune
Lozenges**
Original
24 CT

\$4⁹⁹



Shea Moisture
Body Lotion
Illuminating
16 FL OZ

\$10⁹⁹



Preserve
**Adult Toothbrush
in Pouch**
Ultra Soft
6 CT

\$3⁴⁹



Orgain
**Organic
Superfood
Powder**
Original Flavor
.62 LBS

\$23⁹⁹



Eau Thermale Jonzac
**Organic Dermo-
Cleansing Gel**
Rehydrate
6.76 FL OZ

\$13⁹⁹

