



ANACORTES

HEALTH & NUTRITION

1020 7th St, Anacortes, WA 98221
360-293-8849

December 1st - 31st



Wildwood Natural Foods
Organic Tofu
14 OZ



\$3.49

Tofu with a soft and creamy consistency perfect for smoothies, desserts and dips.

Food For Life
**Organic Genesis 1:29
Sprouted English Muffins**
16 OZ



\$6.79

Julian's Recipe
Foccacia Pesto
7.05 OZ



December

Bionaturae
Organic Traditional Egg Pasta
Tagliatelle
8.8 OZ



\$3.99

Angie's
Boomchickapop Kettle Corn
Dark Chocolate Sea Salt
5.5 OZ



\$3.59

Steep By Bigelow
Organic Green Tea
Oolong & Jasmine
20 BAGS



\$3.79

Frontier Natural Products
Coop
Poultry Seasoning
1.34 OZ



\$3.49

This traditional seasoning made with sage and thyme, partners perfectly with poultry and stuffing.

Primal Kitchen
Classic Gravy
with Turkey Bone Broth
12 OZ



\$8.49

A no dairy classic turkey gravy is made with turkey bone broth for the savory flavor and creamy texture.

Epic
Cooking Fat
Beef Tallow
11 OZ



\$10.39

A versatile alternative to vegetable oils, a time-tested addition to any conscious foodie's kitchen essentials.

Dr. Bronner's
Chocolate Bar
Coconut Praline
2.93 OZ



\$4.29

Amy's
Organic Soup
Hearty Vegetable
Minestrone
14.1 OZ



\$4.89





Rao's
Soup
Chicken Noodle
16 OZ

\$5³⁹



Garden Of Eatin'
Tortilla Chips
Red Hot Blues
16 OZ

\$5⁷⁹



Lily's
Baking Bars
White Chocolate
4 OZ

\$4⁷⁹



Vermints
Organic Vermints
Peppermint
1.41 OZ

\$2⁶⁹



Divine
60% Dark Chocolate Bar
with Toffee & Sea Salt
3 OZ

\$3²⁹



Kinnikinnick
Cookie Cinnabunfun
Sandwich Cream
8 OZ

\$4²⁹



Aura Cacia
Skin Care Oil
Jojoba
4 FL OZ

\$10⁹⁹

Jojoba oil contains unique liquid waxes and fatty acids which nourish the skin.



Bigelow Tea
Assorted Herb Tea
18 BAG

\$3²⁹



Yerba Prima
Skin Brush
Tampico
BRUSH

\$11⁹⁹



One With Nature
Triple Milled Rejuvenating Soap Bar
Dead Sea Mud
7 OZ

\$3⁹⁹

A truly natural cleansing experience.



Andalou Naturals
Styling Cream
Smooth Hold, Argan & Sweet Orange
6.8 FL OZ

\$6⁷⁹



Hyland's
Kids Stuffy Nose & Sinus Tablets
50 CT

\$8⁹⁹

