



ANACORTES

HEALTH & NUTRITION

1020 7th St, Anacortes, WA 98221
360-293-8849

Aug 1st-31st



Amy's Indian Samosa Wrap

5 OZ



\$3.79

Lightly spiced organic potatoes, peas and tofu and wrapped in a wheat tortilla and baked. The result is outrageously delicious.

Nutpods Almond + Coconut Creamer

Sweet Cream
16 FL OZ



\$4.39

Against The Grain Gourmet Food Frozen Baguettes

Fresh Rosemary
15 OZ



\$6.99

Gluten-free bread products that everyone loves to eat!

August



Live Soda Kombucha Soda

Sweet Cherry Cola
12 FL OZ

\$2.69



Crofters Organic Just Fruit Spread

Blackberry
10 OZ

\$4.39



Simple Mills Honey Cinnamon Sweet Thins

4.25 OZ

\$4.59



Bear Naked Granola Bites

Peanut Butter & Honey
7.2 OZ

\$4.99



Siete Tortilla Chick Pea Flour

7 OZ

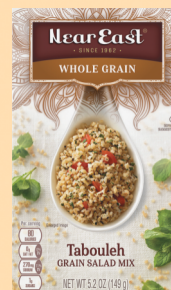
\$8.99



Keto Krisp Protein Bar

Almond Butter
Blackberry Jelly
1.59 OZ

\$2.29



Near East Salad Mix

Taboule
5.25 OZ

\$2.49



Bada Bean Bada Boom Crunchy Broad Beans

Sweet Sriracha
4.5 OZ

\$3.29





Kalahari Biltong
**Thinly Sliced
Beef**
Lime Chili
2 OZ

\$6³⁹

With the perfect amount of citrus and just a dash of heat. 160 Calories, 32g Protein, 0g Carb, 0g Sugar.



Newman's Own Organics
Newman-O's Cookies
Hint-O-Mint
13 OZ

\$5⁹⁹



Late July Snacks
**Tortilla
Chips**
Sweet Potato
7.5 OZ

\$3⁵⁹



Gimme Seaweed Snacks
**Organic
Seaweed Snack**
Teriyaki
.17 OZ

\$1³⁹



Cascadian Farm
Cereal
Vanilla Crisp
No Sugar Added
12.5 OZ

\$4⁸⁹

One
Plant Protein Bar
Churro
45 GRAM

\$2¹⁹



Tejava
**Black Tea
Lemon**
1 LTR

\$2⁷⁹



That's It
Fruit Bar
Apple & Apricot
1.2 OZ

\$1⁸⁹



Dr. In The Kitchen
**Everything
Flax & Fonio**
4.5 OZ

\$4⁸⁹



Natural Vitality
Calm
Raspberry Lemon
16 OZ

\$26⁹⁹



Dr. Bronner's
**All-One
Toothpaste**
Peppermint
5 OZ

\$4⁹⁹



Nature's Way
**Alive! Once
Daily**
Ultra Potency Men's
60 TAB

\$20⁹⁹

